

The



LINK

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The Mountain Empire Community College official
weekly employee newsletter

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Technology in Education



MECC's Software Development Fast Track Initiative is a finalist for the 2008 VCCS Technology in Education Awards. The TIE award will be announced at New Horizons. Dean Victoria Ratliff submitted the applications on behalf of the Business and Information Technology Division.



VACANCY

Career Pathways Program Coordinator, temporary, part time, grant funded position, 20 hours per week, \$17.50 per hour, for a Virginia Community College System Adult Career Pathways Demonstration Grant. The coordinator will coordinate, organize and perform the activities in the grant which begins immediately and ends June 30, 2009.

Qualifications: associate's degree; excellent organizational skills; ability to arrange and conduct meetings; ability to write and submit reports, including financial (grant) reports; proficiency in Microsoft Word, Excel and email. A bachelor's degree and a background in education are preferred.

To apply, submit a Commonwealth of Virginia Application for Employment form no later than **Friday, March 28, 2008**, to Human Resource Office, Mountain Empire Community College, 3441 Mountain Empire Road, Big Stone Gap, VA 24219, telephone (276) 523-2400. The application form may be accessed at <http://jobs.state.va.us/eo-appl.htm> or obtained at any state agency.

MECC is an Affirmative Action/Equal Employment Opportunity Employer. Minorities, females, veterans, and persons with disabilities are encouraged to apply. Documents verifying identity and eligibility to work in the United States must be presented upon employment. Selected applicant will be subject to a background check as a condition of employment.

CAMPUS BLOOD DRIVE

March 26, 9 am - 4 pm

Robb Hall Parking Lot

If you have any questions or would like to register for a specific time, contact Roger Thompson at ext. 302.

*"I never failed
once. It just
happened to be a
2000-step
process."*

Thomas A. Edison

Source: Daily Inbox

BENEFIT CONCERT

A benefit concert for those effected by the recent tornado will be held Friday, March 28, at 7:00 pm in the Goodloe Center.

QUILT SHOW

The Southwest Virginia Museum is still accepting entries for the 11th Annual Quilt Show. The show runs April 1 - May 31. For more information, call the Museum at 523-1322. The deadline for submissions is March 24.

NATURAL TUNNEL EVENTS

March 30 - Join the ETSU Jazz Ensemble at the Cove Ridge Center for the Candlelight Series, sponsored by the Cultural Arts Council of the Cove Ridge Foundation. Under the direction of David Champouillon, ETSU's Jazz Ensemble is dedicated to the art of big band jazz and improvisation, although they also perform all styles of jazz from straight ahead to bebop to Latin to blues and rock. Performance starts at 3 pm and ends at 5 pm; starting at 2 pm local artists work will be on display. Admission is \$8 for adults and \$4 for students. Season Tickets can be purchased for \$20.

April 12-13 - WoW! Wonders of Wildflowers, Hikes and Plant Sale. Saturday, April 12, join local plant vendors for our 2nd Annual Plant Sale starting at 9 am. Hikes that day will start in the Visitor Center parking lot at 10 am and 2 pm. Come and join local speakers at the Cove Ridge Center starting at 9 am. Join Harold Jerrell, Extension Agent, speak about wildflower photography, 11 am Ellen Reynolds, from the Beagle Ridge Herb Farm, will be speaking about Vermicomposting, and the speaker at 1 pm TBA. Sunday, April 13, a Wildflower Hike will start at 2 pm in the Visitor Center parking lot. Programs are located with in Natural Tunnel State Park

April 18 & 19 - 5th Annual Earth Day Rummage Roundup and Sale. Now until April 11 you can drop off your donations at the Park's main office Monday-Friday.

April 26 - Come and fish with the Virginia Department of Game and Inland Fisheries at the 12th Annual Kid's Fishing Day. Registration starts at 11am and ends at 1 pm, Fishing will take place from 12 (noon) – 3 pm, Prize Giveaway will start at 2 pm. There will be Archery and BB shooting competitions for children 3-12 years of age. All state trout fishing regulations apply. Bring your own fishing pole and bait. Concessions available on site.



For more information call (276) 940-1643 or log on to www.virginiastateparks.gov.

SAFETY AT WORK

Routes of Exposure

Before looking at the routes of exposure chemicals can take, employees need to remember that almost all chemicals in the workplace are toxic to some extent.

This includes CHEMICALS in and around the office, cafeteria, or break room, such as:

- Oven cleaner
- Toner in the copier or printer
- Solvents
- Detergents and other cleaning products
- Pesticides



There are THREE ROUTES that chemicals take to enter the body:

1. **SKIN OR EYES.** Chemicals can cause burns, rashes, or allergies if they contact the skin. Some chemicals can pass through the skin into the bloodstream and poison the victim. If they get in the eyes, they can cause vision problems, or even blindness.
2. **NOSE OR MOUTH.** Breathing hazardous chemicals could cause dizziness, nausea, or headaches. It could also damage the lungs, throat, or respiratory system. In some cases, inhalation could lead to unconsciousness, asphyxiation, or even death.
3. **MOUTH.** If employees eat or smoke after handling chemicals without washing first, there's a risk of poisoning or of damage to internal organs.