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## VT-ENGAGE

To honor those lost on April 16, 2007, last fall Virginia Tech announced a new volunteer initiative called VT-ENGAGE ([www.engage.vt.edu](http://www.engage.vt.edu)).

*Our mission is to encourage everyone everywhere to do volunteer work as a way to give back to the community. Virginia Tech students, faculty, and staff are being asked to perform at least 10 hours of service before the end of the spring semester - for a combined total of 300,000 service hours. Virginia Tech alumni have agreed to match this goal. Please join us in our mission of service - living out our university's motto since 1896: Ut Prosim, That I May Serve.*



MECC student organizations wish to support this program and honor those lost with our own local volunteer service campaign. MECC's VT ENGAGE Kick-off is scheduled for Tuesday, February 5 at 12:15 pm. Computers will be set up in the lobby area of Holton Hall for students to pledge community service volunteer hours; a power point presentation on VT ENGAGE will run; and pens, pins, and decals will be provided by VT for each person who makes a pledge.

At the beginning of our Spring Fling program, we will acknowledge those from MECC who participated in VT ENGAGE in a remembrance of the April 16 tragedy.

For more information, contact Student Services.

## CPR/FIRST AID

During fiscal 2007, employees and volunteers with the MECC training site trained 1,963 individuals in CPR and/or first aid. MECC is an American Heart Association Training Site, working under the umbrella of the Wellmont Health System Training Center.

## RED FOX GRILL HOURS

The Red Fox Grill will be open 11:00 am to 2:00 pm during the week of December 17-20.

*Keep on going, and the chances are that you will stumble on something, perhaps when you are least expecting it. I never heard of anyone ever stumbling on something sitting down.*

Charles F. Kettering

Source: *Quote A Day*